

IMPORTANT NOTICE ABOUT ATHLETIC PHYSICALS

Dear Parent:

According to Chapter 16 of the New Jersey Administrative Code Title 6A adopted by the State Department of Education, as of May 1, 2014 implemented a new annual sport physical form.

The ***original*** Pre-participation Physical Evaluation form and PPE Clearance form must be completed in full including: **height, weight, blood pressure, pulse and vision screening by the examining provider.** If your child wears glasses and his/her pediatrician does not do a vision exam, documentation from the ophthalmologist is needed. The ophthalmologist must write what the vision is with correction. **According to NJAC 6A:16-2.2 an incomplete form shall be returned to the student's medical home for completion. The original form must be signed and stamped by the physician's office and be completed along with the history form reviewed by the physician.** On the Clearance Form of the PPE, the last item provides a signature line for the healthcare provider to attest to completion of the Student-Athlete Cardiac Assessment Professional Development Module.

If your child has a possible life threatening condition such as asthma, anaphylaxis or diabetes, all medication forms must be submitted with the physical form.

The Consent, Steroid, Concussion and Sudden Cardiac Death Pamphlet must be signed by parent and returned prior to participation to sports.

The Annual Athletic Pre-Participation Physical Evaluation (PPE), Pre Participant Form-Health History Update Form may be downloaded from the Midland Park High School website. Go to Resources, Health Services, or Athletics, scroll down to Annual Athletic Physical Examination. If you have trouble downloading the form, call the High School Athletic Office at (201) 444-7400 ext. 205 and a form will be sent to you.

If your child has had a physical examination within the past 365 days and is on file with the nurse, only a Health History Update Form needs to be completed and returned to the nurse's office.

ALL ATHLETIC PHYSICAL FORMS MUST BE BROUGHT TO THE HIGH SCHOOL NURSE'S OFFICE AT THE HIGH SCHOOL.

We appreciate your time and patience in completing the required state athletic forms and thank you in advance for your cooperation and support of our students.

Sincerely,

Nicholas Capuano
Principal

Karen Corcoran, RN, MS, CSN-NJ
School Nurse